



Hilary's kicking up a storm

SHE'S already a model, psychologist and international Muay Thai boxing star.

And now Hilary Mack is determined to take America by storm.

The multi-talented boxing champion has won the International Sports Kickboxing Association 53.5kg title - her second prize in a month.

Accepting the fight on less than two weeks notice, Hilary trounced local boxing star Michelle Newell at Wolverhampton Race Course to secure the trophy.

Hilary also triumphed against European Champion Jennifer Martinez at Braehead Arena's Power of Scotland international martial arts competition.

Her winning performance wowed sporting bosses - and secured Hilary a fight in Florida on May 12 against top rated American fighter Kate Meehan.

Hilary, from Lenzie, said: "I definitely stand a chance of winning. You have to believe in yourself if you're going to get anywhere.

"Of course, I'm nervous as well - I'm fighting Kate on her home ground so it will be a huge challenge.

"But it's really flattering that a promoter was prepared to pay for me to go out to America and fight against someone who is at the top of her game."

She added: "It normally takes about six weeks to prepare for a fight but I won the ISKA title after only two weeks training.

"I do a lot of running, pad work and spar work and I have a great team behind me, which makes all the difference."

The 29-year-old trains intensely twice a day, six days a week.

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