

I'm Thai high on success

SHE has a masters degree in psychology, has worked as a model and is taking the Thai boxing world by storm.

Glasgow's Hilary Mack ended 2005 as the first Scot to defeat a Thai on home soil.

The 28-year-old from the city's east end also won the Scottish and British titles.

Now she is preparing to perform in front of 6000 fans at the Braehead Arena.

Billed as Scotland's biggest ever martial arts event it will be screened by Eurosport and Channel five.

Hilary, who is going to Thailand to train for the bout, said: "It will be worth it for the thrill of putting myself to the ultimate test."

Hilary has put a career in educational psychology on hold to train and teach Muay Thai boxing full time. The sport is enjoyed by celebrities such as Jack Osbourne and Wayne Rooney's girlfriend Colleen.

In particular Hilary aims to make the sport more accessible to women and children. She runs women-only classes for those intimidated by training with men.

Said Hilary: "Whether you want a tough new challenge or just to improve your fitness, this could be for you."

The Thai boxing Power of Scotland: Fight Spectacular will be on Sunday, March 12.

- Visit www.caledonianmuaythai.co.uk or e-mail hilarymack@yahoo.co.uk

Picture: Steve Welsh

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